

SUM 8

# Young Adult Programme

Discover Dublin &  
Academic and Work Insights



Our young adult programme is designed for students aged 16-20 who wish to spend their time in Ireland with other international teenagers of a similar age group.

Students participating in this programme will attend four hours of English language tuition per day, either in the mornings or afternoons.

Students will also have the freedom to explore the city independently or participate in cultural and social activities organised by the Institute around the theme “Discovering Dublin”.

## Dates and Accommodation

Any two consecutive weeks between 2/7 - 6/8/2023. Trinity Hall Residence (twin rooms).

## Teaching Materials

We use the most up-to-date textbooks and materials. Students are entitled to the use of a textbook during their course and each student receives learning materials (worksheets, supplementary exercises, etc.) as part of the course package.

## Testing and Placement

Students are given an oral and written placement test on their first day. Progress is monitored on an ongoing basis and class levels adjusted accordingly.

## Class size

Ranging from intermediate to advanced level, classes have an average of 10 students and a maximum of 15.







## What is included in the Young Adult Programme fee?

20 hours of general English group tuition per week, in the morning or afternoons (60 minute lessons)

Workshops and seminars

Use of textbooks and teaching materials

Diploma upon completion of course

Guided discovering Dublin tour

Two cultural activities per week and activities every evening (residence) and twice per week (homestay)

One full-day excursion every weekend to places of cultural interest

Welcome kit with guides and maps

Full-board accommodation

Enrolment, registration and administration fees



## Supplements

Return airport transfers – €190

Price per student –€2620



# Sample Programme

## Week 1 (Residential)

WEEK 1	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
9:00-12:30	ARRIVAL	CITY CENTRE ORIENTATION Meet at Alexandra College for city centre orientation	LECTURE 1: “Transition from school to university & world of work”	NATIONAL GALLERY OF IRELAND	WORKSHOP & EXCERCISES  Group 1: 09.00-10.30 Group 2: 11.00-12.30	GAA MUSEUM	FULL DAY TRIP/ ON CAMPUS  Full Day Trip to be confirmed on arrival, either on Saturday or Sunday	
12:45		Lunch						
14:00-15:30		ENGLISH LESSONS: Grammar & the Use of English						
15:30-15:45		Break						
15:45-17:15		ENGLISH LESSONS: Listening & the Fluency						
	Dinner							
	EVENING ACTIVITY	EVENING ACTIVITY	EVENING ACTIVITY	EVENING ACTIVITY	EVENING ACTIVITY	EVENING ACTIVITY	EVENING ACTIVITY	





## Lesson Content

The Young Adult Programme will assist in building the skills students will need to contribute positively to a democratic society. It encourages reflection on their own values and learning styles and gives them the opportunity to imagine and create ways in which they can make a difference to their own lives and to their communities. It helps students to gain a greater understanding of their human rights and social responsibilities; fosters an awareness of what it means to live responsibly in a democracy; and how to develop confidence, communication skills and leadership skills by working with others, showing them how their wellbeing is connected to the wellbeing of others.

**A minimum English language level of B1 is required for this course.**

## Aim

This course aims to develop students' language skills in an environment which also encourages them to participate as active citizens in contemporary society at local, national and global levels, based on an understanding of human rights and social responsibilities. Self-reflection is a key part of this. Interesting insights into the world of work and university will be given through workshops and seminars.

## Topics

### Personal and Social Development

My Values

Personal Mission Statement

Goal-Setting

Staying Motivated

Problem Solving

### Educational Development

Learning Styles

Working in pairs and groups

### Leadership and Development

Defining Leadership

Tips for Development of Leadership Qualities

Communication Skills (verbal and non-verbal)

Debating and Public Speaking

Active Listening

Conflict Resolution

Team Building and Networking

### English for the Workplace

CVs and cover letters

Personality – Job – Career

Intercultural Differences

Face-to-Face Communication

Presentations

Developing Writing Skills

Creative Writing workshops (two or three per group per week)

Different styles of writing (voice, register, vocabulary)

Class blog

Contributions to the ECI magazine (to be published in July)

Writing reviews (movie and book reviews)

Story-Telling Basics and Creating Characters and Dialogue

### Irish Life and Culture

Traditional Irish Music

Irish Myths and Legends

Irish Sport and the GAA

The Vikings

Early Christian Ireland